



XDU 2013 #1

Organizator: Klub Sportowy AZS AWF Poznań, Firma Foka Sport Paweł Bondaruk
Dystans: ~4 km biegu przełajowego + ~12 km jazdy rowerem MTB + ~2 km biegu przełajowego
Data: 2013-03-24



Wyniki

| Miejsce | Numer | Imię | Nazwisko | Miejscowość | Rocznik | Kategoria | Miejsce | | | Punkty | | Czas biegu 1 | Czas roweru | Czas biegu 2 | Wynik |
|---------|-------|------------|-------------|-------------|---------|-----------|---------|----|---|--------|------|--------------|-------------|--------------|----------|
| | | | | | | | kat. | M | K | open | kat. | | | | |
| 1 | 44 | Daniel | Formela | Gdynia | 1986 | M14-29 | 1 | 1 | | 150 | 100 | 00:16:01 | 00:30:35 | 00:08:59 | 00:55:35 |
| 2 | 35 | Mariusz | Adamkiewicz | Koło | 1983 | M30-34 | 1 | 2 | | 149 | 100 | 00:16:42 | 00:34:26 | 00:09:22 | 01:00:30 |
| 3 | 41 | Miłosz | Czechowicz | Piła | 1993 | M14-29 | 2 | 3 | | 148 | 99 | 00:16:47 | 00:34:15 | 00:09:52 | 01:00:54 |
| 4 | 94 | Rafał | Łukawski | Poznań | 1971 | M40+ | 1 | 4 | | 147 | 100 | 00:18:40 | 00:32:18 | 00:10:33 | 01:01:31 |
| 5 | 18 | Karol | Wiącek | Poznań | 1984 | M14-29 | 3 | 5 | | 146 | 98 | 00:17:27 | 00:35:03 | 00:09:50 | 01:02:20 |
| 6 | 55 | PIOTR | NOWACKI | PIŁA | 1971 | M40+ | 2 | 6 | | 145 | 99 | 00:18:37 | 00:33:50 | 00:10:48 | 01:03:15 |
| 7 | 119 | Adam | Kaczmarek | Poznań | 1970 | M40+ | 3 | 7 | | 144 | 98 | 00:17:24 | 00:36:08 | 00:10:06 | 01:03:38 |
| 8 | 62 | Adam | Tomczak | Poznań | 1982 | M30-34 | 2 | 8 | | 143 | 99 | 00:18:17 | 00:36:16 | 00:09:52 | 01:04:25 |
| 9 | 37 | Mateusz | Bartkowiak | Poznań | 1995 | M14-29 | 4 | 9 | | 142 | 97 | 00:17:14 | 00:40:18 | 00:09:27 | 01:06:59 |
| 10 | 90 | Marcin | Koziołek | Wolsztyn | 1975 | M35-39 | 1 | 10 | | 141 | 100 | 00:18:17 | 00:39:50 | 00:09:51 | 01:07:58 |
| 11 | 109 | Robert | Walkowiak | Modła | 1979 | M30-34 | 3 | 11 | | 140 | 98 | 00:19:18 | 00:37:53 | 00:11:16 | 01:08:27 |
| 12 | 38 | Krzysztof | Błaszczak | Niepruszewo | 1983 | M30-34 | 4 | 12 | | 139 | 97 | 00:17:32 | 00:40:52 | 00:10:22 | 01:08:46 |
| 13 | 53 | Michał | Kubik | Międzyrzecz | 1991 | M14-29 | 5 | 13 | | 138 | 96 | 00:17:32 | 00:42:07 | 00:09:23 | 01:09:02 |
| 14 | 64 | Tomasz | Zdanowski | Poznań | 1972 | M40+ | 4 | 14 | | 137 | 97 | 00:19:08 | 00:40:27 | 00:10:14 | 01:09:49 |
| 15 | 102 | Jarosław | Przybylski | Koło | 1974 | M35-39 | 2 | 15 | | 136 | 99 | 00:18:16 | 00:41:36 | 00:10:03 | 01:09:55 |
| 16 | 51 | Marcin | Kołydyka | Poznań | 1980 | M30-34 | 5 | 16 | | 135 | 96 | | | 00:10:15 | 01:10:13 |
| 17 | 25 | Tomasz | Stryczyński | Komorniki | 1978 | M35-39 | 3 | 17 | | 134 | 98 | 00:20:11 | 00:39:00 | 00:11:21 | 01:10:32 |
| 18 | 115 | Marcin | Wołoszyn | Kurowice | 1979 | M30-34 | 6 | 18 | | 133 | 95 | 00:19:17 | 00:40:58 | 00:10:32 | 01:10:47 |
| 19 | 83 | Tomasz | Kita | Poznań | 1979 | M30-34 | 7 | 19 | | 132 | 94 | 00:19:33 | 00:40:45 | 00:11:06 | 01:11:24 |
| 20 | 58 | Konrad | Rochowski | Poznań | 1984 | M14-29 | 6 | 20 | | 131 | 95 | 00:20:20 | 00:39:44 | 00:11:30 | 01:11:34 |
| 21 | 33 | Jakub | Jesiołowski | Poznań | 1978 | M35-39 | 4 | 21 | | 130 | 97 | 00:20:38 | 00:39:47 | 00:11:13 | 01:11:38 |
| 22 | 72 | TOMASZ | FIAŁKIEWICZ | Głogów | 1976 | M35-39 | 5 | 22 | | 129 | 96 | 00:21:23 | 00:38:46 | 00:11:47 | 01:11:56 |
| 23 | 12 | Jakub | Brzostowicz | Poznań | 1979 | M30-34 | 8 | 23 | | 128 | 93 | | | | 01:12:01 |
| 24 | 65 | Patryk | Zieliński | Poznań | 1987 | M14-29 | 7 | 24 | | 127 | 94 | 00:21:22 | 00:39:52 | 00:11:32 | 01:12:46 |
| 25 | 97 | ARTUR | NAWROCKI | LESZNO | 1972 | M40+ | 5 | 25 | | 126 | 96 | 00:21:51 | 00:39:34 | 00:12:23 | 01:13:48 |
| 26 | 93 | Tadeusz | Łaszkiwicz | Koło | 1956 | M40+ | 6 | 26 | | 125 | 95 | | | 00:10:35 | 01:14:01 |
| 27 | 29 | Filip | Wieczorek | Owińska | 1987 | M14-29 | 8 | 27 | | 124 | 93 | | | | 01:15:22 |
| 28 | 95 | Bartłomiej | Mechliński | Toruń | 1979 | M30-34 | 9 | 28 | | 123 | 92 | 00:18:48 | | | 01:15:52 |



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|---------|-------|-----------|--------------|-------------------|---------|-----------|---------|----|---|--------|------|--------------|-------------|--------------|----------|
| | | | | | | | kat. | M | K | open | kat. | | | | |
| 29 | 6 | Filip | Różański | Borek | 1987 | M14-29 | 9 | 29 | | 122 | 92 | 00:21:15 | 00:42:27 | 00:12:21 | 01:16:03 |
| 30 | 10 | Filip | Poniedziałek | Plewiska | 1984 | M14-29 | 10 | 30 | | 121 | 91 | 00:21:52 | 00:42:35 | 00:11:52 | 01:16:19 |
| 31 | 66 | Tomasz | Krajewski | Poznań | 1981 | M30-34 | 10 | 31 | | 120 | 91 | 00:21:03 | 00:44:27 | 00:11:00 | 01:16:30 |
| 32 | 67 | Maciej | Bocheński | Poznań | 1980 | M30-34 | 11 | 32 | | 119 | 90 | 00:22:00 | 00:43:09 | 00:11:46 | 01:16:55 |
| 33 | 2 | Bartosz | Prałat | Poznań | 1973 | M40+ | 7 | 33 | | 118 | 94 | 00:22:16 | 00:42:47 | 00:11:57 | 01:17:00 |
| 34 | 112 | Marek | Wąsik | Poznań | 1988 | M14-29 | 11 | 34 | | 117 | 90 | | | 00:11:09 | 01:17:15 |
| 35 | 86 | Darek | Kociemba | Poznań | 1976 | M35-39 | 6 | 35 | | 116 | 95 | 00:23:31 | 00:41:30 | 00:12:24 | 01:17:25 |
| 36 | 17 | Paweł | Cichocki | Poznań | 1971 | M40+ | 8 | 36 | | 115 | 93 | 00:21:50 | 00:44:39 | 00:12:07 | 01:18:36 |
| 37 | 87 | Wojciech | Brzeziński | Poznań | 1987 | M14-29 | 12 | 37 | | 114 | 89 | 00:21:46 | | | 01:19:00 |
| 38 | 84 | Kamila | Knut | Starogard Gdański | 1976 | K | 1 | | 1 | 113 | 100 | 00:21:43 | 00:46:04 | 00:11:24 | 01:19:11 |
| 39 | 99 | Piotr | Modzelewski | Sierosław | 1969 | M40+ | 9 | 38 | | 112 | 92 | 00:20:49 | 00:47:10 | 00:11:23 | 01:19:22 |
| 40 | 75 | Łukasz | Golak | Poznań | 1983 | M30-34 | 12 | 39 | | 111 | 89 | 00:21:10 | 00:46:01 | 00:12:18 | 01:19:29 |
| 41 | 88 | Michał | Kosicki | Poznań | 1989 | M14-29 | 13 | 40 | | 110 | 88 | 00:19:56 | 00:49:09 | 00:10:59 | 01:20:04 |
| 42 | 28 | Paweł | Wieczorek | Owińska | 1987 | M14-29 | 14 | 41 | | 109 | 87 | 00:20:43 | 00:46:12 | 00:13:15 | 01:20:10 |
| 43 | 39 | Bartosz | Budych | Buk | 1979 | M30-34 | 13 | 42 | | 108 | 88 | 00:20:40 | | | 01:20:24 |
| 44 | 60 | Krzysztof | Stadnik | Garby | 1973 | M40+ | 10 | 43 | | 107 | 91 | | | | 01:20:39 |
| 45 | 107 | Arkadiusz | Święcicki | Kiekrz | 1978 | M35-39 | 7 | 44 | | 106 | 94 | | | 00:11:22 | 01:20:48 |
| 46 | 46 | Marcin | Gorzelańczyk | Poznań | 1984 | M14-29 | 15 | 45 | | 105 | 86 | 00:21:41 | 00:47:30 | 00:11:53 | 01:21:04 |
| 47 | 16 | Rafał | Jakubczyk | Luboń | 1981 | M30-34 | 14 | 46 | | 104 | 87 | 00:21:45 | 00:47:21 | 00:12:07 | 01:21:13 |
| 48 | 4 | Kacper | Prałat | Poznań | 1996 | M14-29 | 16 | 47 | | 103 | 85 | 00:23:33 | 00:46:24 | 00:11:29 | 01:21:26 |
| 49 | 54 | Maciej | Marciniak | Poznań | 1982 | M30-34 | 15 | 48 | | 102 | 86 | 00:22:20 | 00:47:28 | 00:12:04 | 01:21:52 |
| 50 | 5 | Paweł | JAZIKOWSKI | Poznań | 1972 | M40+ | 11 | 49 | | 101 | 90 | 00:21:17 | 00:48:16 | 00:12:19 | 01:21:52 |
| 51 | 52 | Adam | Kończak | Polkowice | 1958 | M40+ | 12 | 50 | | 100 | 89 | 00:20:44 | 00:49:21 | 00:11:59 | 01:22:04 |
| 52 | 3 | Tomasz | Prałat | Piła | 1962 | M40+ | 13 | 51 | | 99 | 88 | 00:22:37 | 00:47:58 | 00:11:40 | 01:22:15 |
| 53 | 26 | Piotr | Wieczorek | Owińska | 1986 | M14-29 | 17 | 52 | | 98 | 84 | 00:20:44 | 00:47:45 | 00:13:53 | 01:22:22 |
| 54 | 59 | Tomasz | Romaniak | Złotoryja | 1977 | M35-39 | 8 | 53 | | 97 | 93 | 00:18:38 | 00:52:29 | 00:11:24 | 01:22:31 |
| 55 | 49 | Tomasz | Kaczor | Zbąszynek | 1974 | M35-39 | 9 | 54 | | 96 | 92 | 00:23:33 | 00:46:55 | 00:12:26 | 01:22:54 |
| 56 | 45 | Maciej | Gniedziński | Poznań | 1974 | M35-39 | 10 | 55 | | 95 | 91 | 00:23:08 | 00:46:01 | 00:13:54 | 01:23:03 |



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|---------|-------|------------|----------------|-------------------|---------|-----------|---------|----|---|--------|------|--------------|-------------|--------------|----------|
| | | | | | | | kat. | M | K | open | kat. | | | | |
| 57 | 85 | Seweryn | Knut | Starogard Gdański | 1975 | M35-39 | 11 | 56 | | 94 | 90 | 00:21:59 | 00:49:57 | 00:11:37 | 01:23:33 |
| 58 | 22 | ŁUKASZ | SOBALA | POZNAŃ | 1982 | M30-34 | 16 | 57 | | 93 | 85 | 00:21:32 | 00:50:45 | 00:11:48 | 01:24:05 |
| 59 | 120 | Paweł | Marcinkowski | Mosina | 1973 | M40+ | 14 | 58 | | 92 | 87 | 00:23:17 | 00:49:18 | 00:12:00 | 01:24:35 |
| 60 | 68 | Przemysław | Darowski | Modła | 1976 | M35-39 | 12 | 59 | | 91 | 89 | 00:25:41 | 00:45:28 | 00:13:27 | 01:24:36 |
| 61 | 14 | Jarosław | Strykowski | Poznań | 1967 | M40+ | 15 | 60 | | 90 | 86 | 00:18:40 | 00:56:50 | 00:10:09 | 01:25:39 |
| 62 | 7 | Krzysztof | Ohla | Poznań | 1976 | M35-39 | 13 | 61 | | 89 | 88 | 00:23:30 | 00:50:23 | 00:12:40 | 01:26:33 |
| 63 | 8 | Rafał | Cyradny | Kalisz | 1987 | M14-29 | 18 | 62 | | 88 | 83 | 00:23:48 | 00:49:47 | 00:13:40 | 01:27:15 |
| 64 | 89 | Monika | Kowalewska | Poznań | 1979 | K | 2 | | 2 | 87 | 99 | 00:24:13 | 00:50:31 | 00:12:44 | 01:27:28 |
| 65 | 81 | Kamil | Jurczak | Grudziądz | 1985 | M14-29 | 19 | 63 | | 86 | 82 | | | | 01:28:34 |
| 66 | 113 | Jarek | Witkowski | Poznań | 1970 | M40+ | 16 | 64 | | 85 | 85 | 00:22:48 | 00:54:18 | 00:12:28 | 01:29:34 |
| 67 | 34 | Konrad | Konwiński | Poznań | 1980 | M30-34 | 17 | 65 | | 84 | 84 | 00:24:59 | 00:50:38 | 00:14:12 | 01:29:49 |
| 68 | 98 | Grzegorz | Oniszczyk | Międzyrzecz | 1970 | M40+ | 17 | 66 | | 83 | 84 | 00:24:58 | | | 01:29:57 |
| 69 | 74 | Bartosz | Machoński | Poznań | 1974 | M35-39 | 14 | 67 | | 82 | 87 | 00:22:57 | 00:54:28 | 00:12:46 | 01:30:11 |
| 70 | 40 | Michał | Chorażyczewski | Oborniki Wlkp. | 1981 | M30-34 | 18 | 68 | | 81 | 83 | 00:23:34 | 00:51:38 | 00:15:34 | 01:30:46 |
| 71 | 103 | Piotr | Urbaniak | Poznań | 1963 | M40+ | 18 | 69 | | 80 | 83 | 00:25:32 | | | 01:32:35 |
| 72 | 73 | Ewa | Filka | Trzciel | 1983 | K | 3 | | 3 | 79 | 98 | 00:25:43 | 00:51:58 | 00:15:22 | 01:33:03 |
| 73 | 23 | Michał | Pietras | Poznań | 1982 | M30-34 | 19 | 70 | | 78 | 82 | | | 00:14:01 | 01:33:09 |
| 74 | 32 | Piotr | Fedoruk | Poznań | 1978 | M35-39 | 15 | 71 | | 77 | 86 | 00:23:52 | 00:54:51 | 00:14:44 | 01:33:27 |
| 75 | 111 | Krzysztof | Krystek | Poznań | 1985 | M14-29 | 20 | 72 | | 76 | 81 | 00:23:47 | 00:55:20 | 00:14:36 | 01:33:43 |
| 76 | 9 | Tomasz | MACKIEWICZ | Poznań | 1982 | M30-34 | 20 | 73 | | 75 | 81 | 00:24:08 | 00:56:38 | 00:13:38 | 01:34:24 |
| 77 | 24 | Karolina | Kunkel | Skórzewo | 1985 | K | 4 | | 4 | 74 | 97 | 00:24:07 | 00:55:33 | 00:15:17 | 01:34:57 |
| 78 | 27 | Wojciech | Raduła | Poznań | 1980 | M30-34 | 21 | 74 | | 73 | 80 | 00:25:38 | 00:54:41 | 00:15:04 | 01:35:23 |
| 79 | 30 | Artur | Wosiński | Poznań | 1978 | M35-39 | 16 | 75 | | 72 | 85 | 00:25:13 | 00:56:55 | 00:16:13 | 01:38:21 |
| 80 | 15 | Sebastian | Szuber | Poznań | 2013 | | | 76 | | 71 | | 00:26:18 | 00:57:51 | 00:15:48 | 01:39:57 |
| 81 | 31 | Mateusz | Olejniczak | Poznań | 1984 | M14-29 | 21 | 77 | | 70 | 80 | 00:26:24 | 00:54:53 | 00:18:56 | 01:40:13 |
| 82 | 82 | Krzysztof | Juszczak | Koszalin | 1954 | M40+ | 19 | 78 | | 69 | 82 | 00:27:44 | 00:57:52 | 00:15:24 | 01:41:00 |
| 83 | 19 | Piotr | Łukaszewski | Poznań | 1984 | M14-29 | 22 | 79 | | 68 | 79 | 00:22:07 | 01:06:49 | 00:13:42 | 01:42:38 |
| 84 | 21 | Jurij | Daudesz | Poznań | 1982 | M30-34 | 22 | 80 | | 67 | 79 | 00:23:28 | 01:09:31 | 00:11:45 | 01:44:44 |



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|---------|-------|----------|-----------|------------------|---------|-----------|---------|----|---|--------|------|--------------|-------------|--------------|----------|
| | | | | | | | kat. | M | K | open | kat. | | | | |
| 85 | 110 | Aneta | Wawrowicz | Płoty | 1982 | K | 5 | | 5 | 66 | 96 | 00:24:06 | 00:53:12 | 00:28:20 | 01:45:38 |
| 86 | 77 | Karolina | Porwich | Tarnowo Podgórne | 1977 | K | 6 | | 6 | 65 | 95 | 00:27:46 | 01:03:07 | 00:14:52 | 01:45:45 |
| 87 | 13 | ALICJA | MATYSIAK | Poznań | 1978 | K | 7 | | 7 | 64 | 94 | 00:27:38 | 01:03:38 | 00:15:23 | 01:46:39 |
| 88 | 76 | Mariusz | Grajewski | Tarnowo Podgórne | 1971 | M40+ | 20 | 81 | | 63 | 81 | 00:24:06 | 01:07:47 | 00:14:54 | 01:46:47 |
| 89 | 1 | RENATA | CZYGRINOW | KOMORNIKI | 1976 | K | 8 | | 8 | 62 | 93 | 00:27:43 | 01:06:47 | 00:14:58 | 01:49:28 |
| 90 | 47 | Jarosław | Jakubczak | Borówiec | 1975 | M35-39 | 17 | 82 | | 61 | 84 | 00:25:02 | 01:09:56 | 00:14:59 | 01:49:57 |

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